



SAN YSIDRO ADULT SCHOOL
SWEETWATER UNION HIGH SCHOOL DISTRICT
4220 Otay Mesa Road
San Ysidro, CA 92173
Phone: (619) 428-7200 Fax: (619) 428-0295

Dear San Ysidro Adult Students,

First, we hope you and your loved ones are remaining healthy and staying safe. Due to the pandemic, COVID-19, you may be feeling stressed and in need of support. I want to assure you that I am here to support your academic, social/emotional and college and career needs during this time of high levels of stress and anxiety. Please fill out the following survey to get in touch with me and to let me know how you're doing. Click here: [student survey](#)

I'm working remotely to provide counseling services Monday through Thursday morning or evening. I can be reached through phone (619) 428-7223 (please leave a message and I will get back to you) or email me at debra.obrien@sweetwaterschools.org. Please do not hesitate to reach out and leave a detailed message along with your name, phone number and best time to reach you.

If you or someone you are concerned about is in need of support services please click on the following link to see some local resources:

https://docs.google.com/spreadsheets/d/14tgK4RdL0f_Jla4JLNNMUDOTtJVuNp5FL6o0DqDE0iU/edit#gid=0

You, no doubt, have many questions; many of which we too are learning the answers to. Here are some links that will provide you with some answers to your questions:

English Version:

http://adulthoodeducation.sweetwaterschools.org/files/2020/04/April6.Stu_Letter.4.20.pdf

Spanish Version:

http://adulthoodeducation.sweetwaterschools.org/files/2020/04/April6.Stu_Letter.4.20-Spanish.pdf

For the latest information please visit

<http://sya.sweetwaterschools.org/>

Frequently Asked Questions:

Q: Are we returning to school this year?

A: No, the Governor has mandated the rest of the school year to be completed through a distance learning format. Distance Learning for the Adult Schools will begin April 20th, 2020. You will be contacted by your teacher.

Q: Am I still graduating?

A: High School Diploma students will receive proof of graduation once you complete your last credit.

Q: I don't have access to the internet; what do I do?

A: ► Spectrum is offering free internet to households that do not have internet. 1-844-488-8395. Reduced internet to current users through their internet essentials program. To apply call (English) 1-855-846-8376 and (Spanish) 1-855-765-6995 or apply online www.internetessentials.com. Once you qualify for the internet essentials program you can apply for a low cost computer.

► Cox Connect2Compete low cost internet for families with students in K-12. www.cox.com/c2c or call 1-877-COX-ASST

Q: When will I be contacted by my teachers?

A: Teachers have started contacting students, if you don't hear from your teacher, let us know.

Q: Am I still able to get one on one help from my teacher?

A: Teachers will be emailing, conducting video conferences and doing group video instruction.

Q: When will the school be open for classes at the school site?

A: No one knows yet. We are following the CDC and state guidelines.

Q: How and when can I register for next school year?

A: To be determined. A system will be put in place depending on the circumstances.

Q: Is GED/HiSET testing available?

A: The GED/HiSET official tests have been suspended. GED/HiSET students can continue to prepare for the tests through our distance learning classes. Once testing resumes, students will be notified. We are planning a virtual graduation for GED/HiSET and High School Diploma graduates. More information will be shared soon.

SYA Office Contact Information:

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SYA Teacher Contact Information:

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Gabriel Godines Gabriel.godines@sweetwaterschools.org

The college and career counselor, Alma Ortiz, is also available to provide college, financial aid, and career services via email, phone, and virtual meetings. Please contact her via email at alma.eoc@gmail.com or aortiz@wahupa.org.

I hope this information was helpful to all of you. Please contact me if you need any assistance.

Debra A. O'Brien
Counselor
San Ysidro Adult School
619.428.7223
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Sweetwater Union High School District "programs and activities shall be free from discrimination, harassment, intimidation and bullying against an individual or a group based on age; gender, gender identity or expression, or genetic information; sex, actual or potential parental, family, or marital status that treats students differently on the basis of sex; race, color, religion, ancestry, national origin, ethnic group identification, physical or mental disability, sexual orientation, immigration status; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics."